

KRISTEN M. REINHARDT, Ph.D.

EDUCATION

Psychology Postdoctoral Fellowship (APA accredited)

Durham VA Health Care System, Durham, NC August 2018 – August 2019

Trauma Recovery: Women’s Health Clinic and Male Military Sexual Trauma Program

Clinical Psychology Internship (APA accredited)

Duke University Medical Center, Durham, NC July 2017 – July 2018

Cognitive Behavioral Research and Treatment Program & Duke Center for Eating Disorders

Doctor of Philosophy, Clinical Psychology

University of Oregon, Eugene, OR September 2012 – June 2018

Master of Science, Clinical Psychology

University of Oregon, Eugene, OR September 2012 – September 2013

Post-baccalaureate courses in Psychology

Harvard University Extension School, Cambridge, MA 2006 – 2010

Bachelor of Music, *summa cum laude*, Vocal Performance

Boston University, Boston, MA September 2000 – June 2004

LICENSURE

Licensed Psychologist, North Carolina, #5605 (September, 2019 – current)

Registered Psychologist, Ontario, #6841 (December 17, 2020 – present)

INTENSIVE CLINICAL TRAINING

Dialectical Behavior Therapy, Prolonged Exposure Therapy, Cognitive Processing Therapy

CLINICAL POSITIONS

Solo telehealth private practice (December 2021- present)

Broadleaf Health, Guelph, Ontario (January, 2020 – February, 2021)

ACADEMIC POSITIONS

Assistant Professor (Tenure-track)

Department of Psychology, Western Carolina University

August – December, 2019 (departed position due to partner-related professional relocation needs)

PROFESSIONAL ORGANIZATION MEMBERSHIP

International Society for Traumatic Stress Studies	2018 – present
American Psychological Association	2015 – present
Ontario Psychological Association	2019 – present
Association for Behavioral and Cognitive Therapies	2018 – 2019
Society for a Science of Clinical Psychology	2010 – 2019
Association for Psychological Science	2010 – 2019

CLINICAL TRAINING

Durham VA Health Care System: Psychology Postdoctoral Fellow Trauma Recovery: Women’s Health Clinic and Male Military Sexual Trauma Program Psychology Postdoctoral Fellowship (APA accredited)

Supervisor: Kelly Caron, PhD

August 2018 – August 2019

- Year-long rotations: Women’s Health Clinic and Male Military Sexual Trauma Program.
- Provided individual and group PE and STAIR therapy, and full-model DBT therapy.
- Provided webSTAIR Telemental Health to veterans living in rural locations.
- Provided didactic trainings in cultural competency in clinical practice to psychology interns.

Duke University Medical Center: Medical Psychology Intern Cognitive Behavioral Research and Treatment Program and Duke Center for Eating Disorders Clinical Psychology Internship (APA accredited)

Supervisors: M. Zachary Rosenthal, PhD, Noga Zerubavel, PhD, Nancy Zucker, PhD, Kristin Wyatt, PhD

July 2017 – July 2018

- Year-long 25% rotations: Stress Trauma and Recovery Treatment Clinic; Adult CBT/DBT; Duke Center for Eating Disorders (adults and adolescents); Young Adult (i.e., college student) CBT/DBT.
- Provide individual and group CBT, CPT therapy, and full-model DBT therapy.

CPT VA Regional Training Program

Durham VA Health Care System

Supervisor: Carolina Clancy, PhD

September 2017 – July 2018

- Conducted individual CPT with patients, and engaged in weekly group consultation calls to satisfy CPT provider status requirements.

PE VA Regional Training Program

Durham VA Health Care System

Supervisor: Kate Berlin, PhD

August 2018 – August 2019

- Conducted individual PE with patients, and engaged in weekly group consultation calls to satisfy VA PE provider status requirements.

**University of Oregon Psychology Clinic
Practicum Student, DBT Practicum for Adults and Adolescents**

Supervisor: Maureen Zalewski, PhD

September 2016 – June 2017

- Provided comprehensive DBT (September 2016 – 2017).
- Co-led DBT skills group, participated in DBT consultation team (June 2014 – 2015).

Student Therapist, Cognitive Behavioral Therapy Practicum

Supervisor: Crystal Dehle, PhD

September 2013 – 2014

- Provided weekly individual cognitive behavioral therapy.
- Conducted in-depth intake assessments, including SCID interviews.

**Psychology Practicum Student, VA Roseburg Healthcare System
Eugene Behavioral Health, Recovery, and Reintegration Services**

Supervisor: Jennifer Metheny, PhD

September 2014 – November 2016

- Provided individual psychotherapy: CBT for depression and CPT.
- Co-led group psychotherapy, including CPT, DBT skills group, and mindfulness-based therapy.
- Collaboratively implemented DBT skills group and consultation team program.
- Conducted semi-structured biopsychosocial intake assessment interviews.

Psychometrician Assistant, Vista Psychology

Supervisor: Ryan Scott, PhD

May 2015 – June 2016

- Conducted, scored, and interpreted psychological assessments: WAIS, WIAT, WISC, TOMM, PAI.
- Wrote integrated assessment reports.

Child Group Facilitator, Kids in Transition to Schools

Oregon Social Learning Center

Supervisor: Cynthia Haley, PhD

July 2014 – October 2014

- Co-taught behaviorally-based group therapy.

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CLINICAL SUPERVISION

Comprehensive DBT supervisor (August 2018 – August 2019)

- Supervised 2 psychology interns in providing DBT skills to 1 DBT skills group, under umbrella supervision of Dr. Caron.
- Supervised 1 psychology intern in providing individual DBT with phone coaching, under umbrella supervision of Dr. Caron.
- Learned supervision techniques through didactic seminars with Rachel Ruffin, PhD.

Mindfulness-based cognitive therapy supervisor (June 2017 – June 2018)

Duke University Medical Center

- Supervised 1 psychiatry resident in the provision of mindfulness-based cognitive therapy to 5 individual patients, under umbrella supervision of Dr. Zerubavel.
- Learned supervision techniques through didactic seminars with Dr. Zerubavel.

DBT skills group supervisor (2016 – 2017)

University of Oregon

- Co-supervised 4 doctoral student skills group therapists for 2 DBT skills groups.
- Learned supervision techniques through co-supervising doctoral student therapists with Dr. Zalewski.

AWARDS & GRANTS

General University Scholarship, \$3,000

University of Oregon (2016)

Awarded for academic merit and service to the community.

Norman D. Sundberg Fellowship in Psychology, \$1,000

University of Oregon, Department of Psychology (2016)

Awarded for quality in research with community participants.

Graduate Education Committee Travel Award, \$500

University of Oregon, Department of Psychology (2016)

Awarded for travel to present research at an academic conference.

Research Fellow Scholarship, \$350

Mind and Life Travel Scholarship (2016)

Awarded for travel to present research at an academic conference.

Graduate Student Research Forum Panel Award, \$250

University of Oregon Graduate School (2016)

Awarded through live adjudication for presentation quality and content.

Graduate Student Research Support Grant, \$2,500

University of Oregon Center for the Study of Women in Society (2014 – 2015)

Funding for Women Veterans' Experiences of Military Sexual Trauma (PI: Street, AE)

Graduate School Research Award, \$500

University of Oregon Department of Psychology (2013)

Awarded for Master's thesis research quality.

PUBLICATIONS

PEER REVIEWED JOURNAL ARTICLES (8)

- Reinhardt, K. M.**, Zerubavel, N., Young, A., Gallo, M., Ramakrishnan, N., Henry, A., & Zucker, N. L. (2020). A multi-method assessment of interoception among sexual trauma survivors. *Physiology and Behavior*, 226, 113108.
- Dedert, E.A., LoSavio, S.T., Wells, S.Y., Steel, A.L., **Reinhardt, K.**, Deming, C., Ruffin, R.A., Berlin, K.L., Kimbrel, N.A., Wilson, S.M., Boeding, S., Clancy, C.P. (2020). Clinical effectiveness study of treatments to prepare for trauma-focused evidence-based psychotherapy at a veterans affairs specialty posttraumatic stress disorder clinic, *Psychological Services*.
- Noll, L. K., Lewis, J., Zalewski, M. Gamache Martin, C., Roos, L., Musser, N., & **Reinhardt, K. M.** (2019). Initiating a DBT consultation team: Conceptual and practical considerations for training clinics. *Training and Education in Professional Psychology*.
- Dardis, C. M., **Reinhardt, K. M.**, Foynes, M. M., Medoff, N. E., & Street, A. E. (2018). “Who are you going to tell? Who’s going to believe you?”: Women’s experiences disclosing military sexual trauma. *Psychology of Women Quarterly*, 42(4), 414-429.
- Reinhardt K. M.**, Noggle Taylor, J. J., Johnston, J. M., Zameer, A., Cheema S., & Khalsa S. B. S. (2017). Kripalu yoga for military veterans with PTSD. *Journal of Clinical Psychology*, 74(1), 93-108.
- May, L. M., & **Reinhardt, K. M.** (2017). Self-other agreement in the assessment of mindfulness using the five-facet mindfulness questionnaire. *Mindfulness*, 1-12.
- Johnson, J. M., Minami, T., Greenwald, D., Li, C., **Reinhardt, K. M.**, Khalsa, S. B. S. (2015). Yoga for military service personnel with PTSD: A single arm study. *Psychological Trauma: Theory, Research, Practice, and Policy*, 7, 555-562.
- Khalsa, S. B. S., Butzer, B., Shorter, S. M., **Reinhardt, K. M.**, & Cope, S. (2013). Yoga reduces performance anxiety in adolescent musicians. *Alternative Therapies in Health and Medicine*, 19, 34-45.

BOOK CHAPTERS (1)

- Reinhardt, K. M.**, Smith, C. P., & Freyd, J. J. (2016). Came to serve, left betrayed; MST and the trauma of betrayal. In L. S. Katz (Ed.), *Understanding and treating military sexual trauma*. New York, NY: Springer.

OTHER PUBLICATIONS (4)

Reinhardt, K. M. & Smith, C. P. (2017). Choate-Rosemary Hall revelations are institutional betrayal. *Register Citizen*. Retrieved from <http://www.registercitizen.com/article/RC/20170428/NEWS/170429611>

Rosenthal, M. N., **Reinhardt, K. M.**, & Birrell, P. J. (2016). Deconstructing disorder: An ordered reaction to a disordered environment. [Editorial]. *Journal of Trauma and Dissociation*, 17, 131-137.

Reinhardt, K. M. (2015, October 1). Came to serve, left betrayed: Violence against women in the military. *Center for the Study of Women in Society Annual Review*, 2015, 17.

Reinhardt, K. M. (2012). Mindfulness versus betrayal blindness? An investigation into awareness of betrayal. Retrieved from <https://sites.google.com/site/betrayalbook/betrayal-research-news/betrayal-versus-mindfulness>

MANUSCRIPTS IN PREPARATION (1)

Reinhardt, K. M., McCaughey, V. K., Vento, S., & Street, A. E. In Their Own Words: Women Veterans Identify the Personal Consequences of Military Sexual Trauma Victimization. Under review.

PRESENTATIONS (14)

(*denotes undergraduate or graduate mentee)

Reinhardt, K. M. (2021, August). Studying interoceptive accuracy and dissociation among women of color sexual trauma survivors. In K. J. Thompson and C. B. Allard (Chairs), *Trauma in high risk populations: Women, women of color, and LGBTQ individuals*. Symposium to be conducted at the meeting of the American Psychological Association, online.

Reinhardt, K. M., McCaughey, V. K., Vento, S., Ming Foyne, M., Freyd, J. J., & Street, A. E. (2019, November). Impact of military sexual trauma: A qualitative examination of negative outcomes and posttraumatic growth among women veterans. In R. K. Blais (Chair), *Examining the role of cognitions in symptomatology, functioning, and treatment outcomes for military sexual trauma survivors*. Symposium conducted at the meeting of the International Society for Traumatic Stress Studies, Boston, MA.

Reinhardt, K. M., Zerubavel, N., Zucker, N. (2018, November). *Interoceptive accuracy among sexual trauma survivors: Ecological momentary assessment future directions*. Poster session accepted for presentation at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Reinhardt, K. M., Zerubavel, N., Zucker, N. (2018, November). *Interoceptive accuracy among sexual trauma survivors: A multi-method study*. Poster session presented at the meeting of the International Society for Traumatic Stress Studies, Washington, DC.

- Reinhardt, K. M.** & Freyd, J. J. (2016, August). *Is lower trait mindfulness related to betrayal trauma exposure?* Poster presented at the meeting of the American Psychological Association, Denver, CO.
- Reinhardt, K. M.** (2016, June). *Does the body keep the score? Awareness of internal body sensations among sexual trauma survivors.* Poster presented at the Mind and Life Summer Research Institute, Garrison, NY.
- Reinhardt, K. M.** (2016, February). *Does the body keep the score? Awareness of internal body sensations among sexual trauma survivors.* In *Stress and Coping: Breaking New Ground in the Sciences*. Panel presented at the University of Oregon Graduate Student Research Forum, Eugene, OR.
- Henry, A.,* **Reinhardt, K. M.**, Foynes, M., & Freyd, J. J. (2015, May). *Responding to disclosure of mistreatment: The long-term impact of listening skills education.* Poster presented at the Stanford Undergraduate Psychology Conference, Stanford, CA.
- Henry, A.,* **Reinhardt, K. M.**, Foynes, M. M., & Freyd, J. J. (2015, May). *Responding to disclosure of mistreatment: The long-term impact of listening skills education.* Poster presented at the Undergraduate Research Symposium, Eugene, OR.
- Street, A. E., **Reinhardt, K. M.**, Foynes, M. M., Luciano, M. T., Matza, A. R., & Freyd, J. J. (2014, November). *Characteristics of sexual trauma that occurs in military settings: Qualitative data from military sexual trauma survivors.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- Reinhardt, K. M.** & Freyd, J. J. (October 2014). *The present betrayed by the past: How betrayal trauma impacts mindfulness.* Poster presented at the International Society for the Study of Trauma and Dissociation, Long Beach, CA.
- Street, A. E., **Reinhardt, K. M.**, Foynes, M. M., Luciano, M. T., Matza, A. R., & Freyd, J. J. (2014, July). *Characteristics of sexual trauma that occurs in military settings: Qualitative data from military sexual trauma survivors.* Poster presented at the VA Health Services Research & Development Conference on Partnerships for Research & Care of Women Veterans, Arlington, VA.
- Reinhardt, K. M.** (2011, November). *Mindfulness-based interventions for military sexual trauma.* Invited plenary panel presentation at the International Society for the Study of Trauma and Dissociation Conference. Montréal, QC.
- Khalsa, S. B. S., Johnston, J., & **Reinhardt, K. M.** (2010, September). *Evaluation of a yoga intervention for military veterans with post-traumatic stress disorder.* Poster presented at the meeting of the Symposium on Yoga Research, Honesdale, PA.
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INVITED TALKS

Reinhardt, K. M. (April, 2019). *Empirical Insights into Yoga and Mind-Body Medicine for Health and Wellness*.
Invited panelist at the 1st Annual Conference on Trauma and Embodiment, Lesley University,
Cambridge, MA.

RESEARCH

Dynamics Lab, University of Oregon, Eugene, OR; PI: Jennifer Freyd, PhD

Doctoral Student & Lab Member

2012-2018

- Fluent with quantitative (e.g., ANOVA and regression), qualitative (i.e., Grounded Theory), and mixed-methodological analyses (i.e., conditional process analysis of self-report and behavioral data, and content analysis of narrative data). Proficient in SPSS and NVivo.
- Mentored, trained, and supervised five undergraduate students in collecting data.

**Women's Health Sciences Division, National Center for PTSD, VA Boston Healthcare System,
Boston, MA; PI: Amy Street, PhD**

Research Assistant

2013-present

- In residence (Summer, 2013): Assisted in implementation of a qualitative research study.
- Remotely (Fall, 2013-present): Participated on analysis teams, assisted in developing code books, and coded participant transcripts in NVivo.

Summer Research Institute, Mind and Life Institute, Garrison, NY

Research Fellow

June 2013 & 2016

- Participated in week-long research seminars on conducting research on contemplative traditions.

Yoga Research Lab, Brigham and Women's Hospital, Boston, MA; PI: Sat Bir S. Khalsa, PhD

Research Assistant & Project Coordinator

March 2007-May 2012

- Assisted in implementing a multi-site randomized controlled trial (RCT) on yoga as a treatment for military veterans with posttraumatic stress disorder (including recruitment, data collection and analysis).
- Assisted in implementing a RCT of yoga for adolescent musicians with performance anxiety.

Laboratory for Youth Mental Health, Harvard University, Cambridge, MA; PI: John Weisz, PhD

Research Assistant

June 2010-September 2011 (part time)

TEACHING

WESTERN CAROLINA UNIVERSITY

Introduction to Psychology: Fall 2019 (undergraduate course)

Professional Consultation in Health Service Psychology: Fall 2019 (graduate course)

UNIVERSITY OF OREGON

Instructor of Record:

Marriage and Family Therapy: Spring 2014; Summer 2014; Summer 2016

Lab Instructor:

- *Statistics*: Spring 2017
 - *Solo-taught 3 weekly lab sections*
- *Research Methods*: Fall 2014; Winter 2015; Spring 2015; Fall 2015; Spring 2016; Winter 2017
 - *Solo-taught 1 weekly lab section per term*

Teaching Assistant:

- *Psychology of Trauma*: Fall 2013; Fall 2016
 - *Motivations, Emotions, and Traits*: Spring 2013
 - *Marriage and Family Therapy*: Winter 2013; Winter 2014
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MENTORING

Clinical Psychology Masters Student

Madison Surrett, BA

(Western Carolina University)

Marcia Gralha, BA

(Western Carolina University)

Psychology Honors Undergraduate Student

Jamie Blaylock

(Western Carolina University)

Mary Jensen

(Western Carolina University)

Trinity Leger

(Western Carolina University)

Alexandra Henry, BS

(University of Washington)

SERVICE

To the Profession

- Editorial Board member: *Journal of Trauma & Dissociation*
- Guest Editor: *Journal of Trauma & Dissociation*, Issue: *Non-Pathologizing Treatments of Trauma*
- Ad-Hoc Reviewer:
 - *Journal of Trauma & Dissociation*
 - *Clinical Psychology Review*
 - *Psychiatry Research*

To Institutions

- Western Carolina University: Peer Review of Teaching Materials committee; Botner Award Committee Member
- Durham VA Health Care System: DBT Program Evaluation Project research member
- Duke Medical Center: Multicultural Team Action Committee member
- University of Oregon Graduate Teaching Fellows Federation: Steward for the Department of Psychology

To the Department of Psychology, University of Oregon

- Prospective Student Weekend, Organizer
- Graduate Student Representative to the Clinical Psychology Faculty
- Senior Honors Thesis Advisor for Alexandra Henry (student)
- Graduate Student Representative to the Psychology Faculty
- Graduate Admission Committee, 2013-2014 Doctoral admissions

REFERENCES

Jennifer Freyd, PhD, Professor Emerit of Psychology, University of Oregon;

Affiliated Faculty, Women's Leadership Lab, Stanford University; Founder and President, Center for Institutional Courage

Email: jjf@uoregon.edu

Phone: 650-736-0100 (Stanford phone number, where you can leave a message for Dr. Freyd)

M. Zachary Rosenthal, PhD, Associate Professor, Duke University;

Director, Cognitive Behavioral and Research Treatment Program, Duke University Medical Center

Email: mark.rosenthal@duke.edu

Phone: 919-684-6702 (direct office phone number)

Maureen Zalewski, PhD, Associate Professor of Psychology, University of Oregon

Email: zalewski@uoregon.edu

Phone: 541-346-7053 (direct office phone number)